



## Thanks to Powhatan Methodist Men's Group!

Thanks from all of us for a great lunch provided by the Powhatan Methodist Men's Group on March 12. Hot soup and plenty of sandwiches and other delicious food warmed up the riders and volunteers! We greatly appreciate your generosity!



If you know of any individuals or groups that might want to help us out by supplying lunch or part of lunch, please contact Nancy Berger at [noberger@aol.com](mailto:noberger@aol.com).



## 2014 Off to a Cold Start

We canceled several sessions this winter due to the extreme cold, snow, and ice. While we would prefer not to cancel, we do not want to endanger any of our veterans and their staff nor our volunteers. Thanks for your understanding.

Despite a thin layer of snow, we welcomed spring with a large, enthusiastic group of riders on March 26. What a great way to chase away the winter cold and get ready for warm days ahead!



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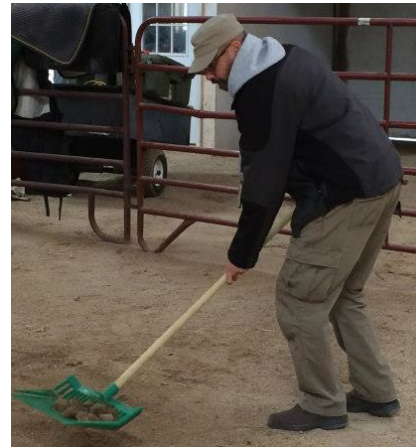
*If you want a stable friendship, get a horse.  
~Author Unknown*



## News Briefs

Hello, Chester!

Chester, a beautiful bay horse, helped us out on March 26. He was well-behaved and gave his riders a good workout. Great job, Chester!! We will be featuring other LDEC horses in future issues, so stay tuned.



***Everyone pitches in to do whatever needs to be done at Lonesome Dove!***

Best wishes, Lisa!

Lisa Garfi, a long-time volunteer with Lonesome Dove, is moving to Nashville this spring. Lisa has served on the LDEC Board as well as coordinating volunteers. We've all enjoyed her bright smile and hard work. Good luck, Lisa, and come back to see us often!!



***And occasionally a quick nap helps us make it through the day!***

### Trophies Needed

Do you have any trophies collecting dust on a shelf or stashed away? How about donating them to Lonesome Dove? We rework the trophies and award them to participating veteran riders each session. Do your spring cleaning and help at the same time!

### Want to Help Out?

We always welcome **volunteers** for our sessions. Check the website for our schedule, and come on out!

We can also use donations of **gift cards** -- Walmart, Food Lion, Office Max, Krogers, Martins, for example. We buy a lot of food and paper supplies for our lunches, office supplies, and a wide variety of other products for cleaning, maintenance, and horse care.

All help is deeply appreciated, and helps us focus on our main goal – serving veterans!

## Attention All Businesses

We already have banners displayed on our fences from some of our supporters, but we've got room for more. If you would like to show the public that you are community-minded and improve your visibility to the community, contact us about hanging your own business's banner. Great advertising for a very worthy cause!



**Let bravery be thy choice,  
but not bravado.**  
*--Menander (Greek Dramatist)*

## CALENDAR OF EVENTS

### VETERAN RIDING SESSIONS

**Tuesday, April 1**

**Wednesday, April 9**

**Tuesday, April 15**

**Wednesday, April 23**

**Tuesday, May 6**

**Wednesday, May 14**

**Tuesday, May 20**

**Wednesday, May 28**

**Tuesday, June 3**

**Tuesday, June 17**

**Wednesday, June 25**

***Please Note!!*** *Volunteers arrive at 9:00 AM, veterans arrive at 10:00 AM.*

***Please check the website to confirm these dates before coming to LDEC! We are sometimes forced to cancel a session or we may add a session.***

### SPECIAL EVENTS

#### Trail Rides:

**May 17 – Amelia Springs**

**October 11 – Belmead**

**November 8 – Belmead**

***See the last page of this newsletter for further information about the May 17 trail ride.***

***Also, mark your calendars for the Annual Brunswick Stew Fundraiser on September 13!!***

## Check the Website!

Have you visited the Lonesome Dove website lately? There are new videos that you'll enjoy seeing, and other information about our program. Check back periodically for updates!  
[www.ldequestriancenter.com](http://www.ldequestriancenter.com)





### More about Lonesome Dove Equestrian Center

Lonesome Dove Equestrian Center, located in Powhatan, Virginia is a 501(c)(3) non-profit organization. Our mission is to serve the special needs of Veterans, in Central Virginia, through therapeutic riding and equine-related activities. Our goal is to improve muscle tone, balance and mobility of our physically disabled Veterans, while providing mental stimulation, enhanced self-confidence and self-esteem. At the same time we want to create an enjoyable experience for all of our participants. Our services are provided at no cost to the veterans in the belief that they have already paid by their service to our country. For more information:

Contact Clint Arrington, Executive Director, at 804.357.9524  
Check our website at [ldquestriancenter@yahoo.com](mailto:ldquestriancenter@yahoo.com)



## VETERAN THERAPEUTIC RIDING PROGRAM TRAIL RIDE FUND RAISER

Lonesome Dove Equestrian Center is dedicated to servicing the mental, physical, and emotional challenges for the special needs of Veterans in Central Virginia through equestrian activities. It is a non-profit organization that relies completely on donations and is run by unpaid, dedicated volunteers. Located in Buckingham Road Stables, 6137 Old Buckingham RD, Powhatan, VA 23139, we continue to seek the support of people like you who can *make a difference in a Veteran's life*. Visit our website at [www.ldequestriancenter.com](http://www.ldequestriancenter.com)

**Location:** Amelia Springs 7720 Mount Zion RD. Jetersville, VA. 23083

**When:** May 17<sup>th</sup> 2014

**Time:** Sign In May 17<sup>th</sup> from 8:00 am - 12 noon Trails open at 9 am and closed at 4 pm  
Lunch will be served on the trail.

**Cost:** \$30 fee for pre-registration postmarked one week in advance, which includes lunch.  
\$35 fee day of event (lunch included).

Any donation above \$35 can be tax deductible and will be used to sponsor Veterans to compete in local horse shows, participate in Flag Presentations at various events and gift cards at Christmas time to Veterans in the hospital.

**Note:** Amelia Springs Rules: Riders under the age of 18 should wear a safety helmet and be accompanied by an adult. No stallions, no dogs on trails, leashes required in staging area, copy of current negative coggins required with registration.

For information, or to become a volunteer, please contact one of the following:

Sherry Newark: (804) 986-2537 [sherry\\_newark@yahoo.com](mailto:sherry_newark@yahoo.com)

Clint Arrington: (804) 357-9524 [ldequestriancenter@yahoo.com](mailto:ldequestriancenter@yahoo.com)

Make checks payable to LDEC & mail Registration to 6137 Old Buckingham Rd, Powhatan, VA 23139

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

### ASSUMPTION OF RISK and WAIVER OF LIABILITY

I wish to participate in the LDEC Fund Raiser Trail Rides at Amelia Spring 7720 Mount Zion Rd. Jetersville, VA. 23083. I understand that horseback riding has inherent dangers and that it is possible to sustain injury to myself or my horse in a remote location where medical assistance may not be readily available. I assume all risks and full responsibility for all risks associated with my participation in this trail ride. I further agree to hold harmless Lonesome Dove Equestrian Center, any and all landowners, owners, their employees, representatives, heirs, executors, administrators and assigns and any other person or entity associated with these organizations against any and all right, claim, or liability for any kind or nature or incident and/or accident that I or my horse may have. I understand that I may be asked to leave should I not adhere to the rules or exhibit unsportsmanlike behavior. I understand that approved helmets reduce the risk of serious injury and are required for anyone under the age of 18 and strongly encouraged for all participants regardless of age.

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